

## **University Support of Victims of Sexual Violence. A training course for sustainable services over time. USVreact Training organized at UNITO, Turin, Italy**

**Original title in Italian:**

**“UNIVERSITÀ A SUPPORTO DELLE VITTIME DI VIOLENZA SESSUALE. Un percorso di formazione per servizi sostenibili nel tempo”**

### **Learning objectives**

- Recognize sexual violence:
  - Definition of sexual violence
  - Identification of different forms of sexual violence
  - The specificity of harassment at work and in university
- Contrast and prevent sexual violence:
  - How to manage cases of disclosures
  - How to intervene and to support intervention
  - How to develop a culture contrasting sexual violence

### **Program**

Initial plenary session	4h	All participants of partner and associated partner university	Unique edition
Group session day one	4h	10-15 participants each  (Mixed group: staff, teachers, representatives of students, workers in university residences)	8 groups in partner university + 5 groups in associated partner university
Group session day one	4h	10-15 participants each  (Mixed group: staff, teachers, representatives of students, workers in university residences)	8 groups in partner university + 5 groups in associated partner university
Final plenary session	4h	All participants of partner and associated partner university	Unique edition

<http://usvreact.eu/>

1

## **Day one: Understanding and recognizing sexual violence**

- An introduction to the purpose of the USVreact project and of the training.
- To define gender and sexual based violence
- To identify different forms of sexual violence
- To understand and recognize stereotypes about sexual violence
- To understand how stereotypes can allow sexual violence
- To know legal definition of sexual violence
- To know legal definition of harassment at work
- To understand legal consequences of sexual violence

## **Day two: Supporting victims and preventing sexual violence**

- To know the Unito Behavioural code and Ethic code about sexual harassment
- To know what to do in case of disclosures: The Confidential Counsellor and the Guarantee Committee
- To reflect upon some real cases of sexual harassment in University
- To understand the three levels of prevention of sexual violence
- To have some tip to be first responder in case of disclosures (“what to do and not to do”)
- To understand the importance of bystander intervention and how to support bystander intervention
- To reflect upon the importance of “preventive culture”

### **Mode of delivery**

During the group sessions short moment of theoretical information were given, mainly referred to law. Many real cases were presented (referred to real situation happened in Italian universities) and discussed.

Moreover, some photo stimulus were presented, to highlight the pervasiveness of gender stereotypes. Fragments of a movie were used to stimulate discussion on the necessity that to change organizational climate a responsibility of the whole community is needed.